



# COUNCIL on AGING

YOUR SOURCE AND VOICE ON SENIOR ISSUES

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The mission of Council on Aging is to transform Charlotte-Mecklenburg into a *senior-friendly*\* community through education and advocacy.

## CURRENT EMERGING ISSUE STATUS REPORT

**DATE:** 3/15/08

### IDENTIFIED ISSUE: FUTURE CONGREGATE NUTRITIONAL SITES

- In an effort to meet the future nutritional needs of our community's aging population, Mecklenburg County Department of Social Services - Senior Nutrition Program is conducting long range strategic planning / research to locate future congregate nutritional sites for senior citizens.

### CURRENT SITUATION:

- There are currently twenty-one Senior Nutrition Program sites, most of which are located within the Charlotte city limits.

### COUNCIL ON AGING EDUCATION / ADVOCACY EFFORTS:

- Compliance Quality and Assurance Management Analysts, Mecklenburg Department of Social Services, are currently in the initial stage of research and planning;
- Research is being conducted to identify answers to the following questions:
  - What are the future needs of the aging population?
  - What services are currently being provided at the sites?
  - Are the programs and services meeting the needs of the current population?
  - What are the demographics of the participants at the sites?
  - How far do participants travel to sites?
  - What are the trends in population shifts and demographics?
  - Are there any other agencies providing a similar service? Where are they located?
  - How many participants are riding Mecklenburg Transportation System vehicles to each site?

### RESOURCES / ADDITIONAL INFORMATION:

- For more information, contact [Eric Young](#), Council on Aging Management Analyst or 704-391-5216.
- For more information on the Department of Social Services' Senior Nutrition Program, click [here](#).
- To view a map of the current Congregate Senior Nutrition Program sites, click [here](#).

**WHAT YOU CAN DO:**

- Contact your local County Commission representative to advocate for a senior nutrition site to be offered in your neighborhood. To find out who your district representative is, contact [Mecklenburg County Board of Elections](#).

*\*A senior-friendly community allows aging adults to maintain independence, dignity and quality of life.*